



# Kenilworth Children's Centre & Nursery School

Bertie Road  
Kenilworth  
Warwickshire  
CV8 1JP

Tel: 01926 853394

Fax: 01926 863582

Email: [schooloffice@kccns.org.uk](mailto:schooloffice@kccns.org.uk)

Web: [www.kccns.org.uk](http://www.kccns.org.uk)

Headteacher / Head of Centre: Rachel Gillett

17 October 2011

Dear Parents and Carers

## **FOREST SCHOOL**

Forest School sessions are going to begin after the half term holiday with Mrs Scholes who is a trained Forest School Leader. Forest School day will be on a **Thursday**. There will be 4 sessions of approximately 1 hour duration on this day. There will be 2 sessions during the morning and 2 sessions in the afternoon. Your child will experience their Forest School sessions **once every 2 weeks**. The children have been divided into 8 groups. Please check the notice board in the entrance hall for your child's group and session. Initially, the sessions will last for approximately 1 hour.

### **The Forest School Area**

Our 'forest' is at the bottom of the nursery garden. It has been separated from the nursery garden by a fence. Work has already been carried out to create a 'base camp' with a shelter, a digging area and a climbing area. There are a mixture of small trees including oak and hazel providing a reasonable canopy and low level cover. We hope to encourage insects by creating a wood pile, and maybe even small animals such as squirrels. The children will be encouraged to investigate and explore but also to respect all living things. Children will be learning from first hand experiences. There will be a range of activities, some designed by the Forest School Leader and some instigated by the children themselves. Building a sense of independence, high self esteem and team work are important aspects of Forest School.

The site at the moment is fairly dry, but there are nettles and brambles underfoot. It is suggested that for your child's comfort and wellbeing, the following clothing is recommended:-

(It is a good idea to use old clothes that you do not mind getting dirty or muddy.)

Sturdy boots or wellingtons – if you can, it is a good idea to keep a spare named pair at nursery.

Long trousers

Long sleeved top (more thin layers are best which can be taken off if your child gets too warm).

Hat and gloves to wear, if the weather is chilly.

All-in-one weatherproof suits are available for the children to wear if it is raining or very cold.

It is a good idea to name everything too!

Please place your child's Forest School clothing in a named carrier bag and place on your child's family group coat trolley. Your child will then collect it when it is time for their session.

Contd.,





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## Dance & Movement

On the 'opposite' week to Forest Schools, your child will take part in a 'dance and movement' session led by Mrs Bonser. During this time children will explore their creative expression and develop their understanding of rhythm.

Children will be required to have bare feet and therefore manage taking off their own socks and shoes. As such, jogging bottoms with socks may be better than tights for girls which can be rather tricky!

If you have any queries about either Forest School or Dance sessions, please do not hesitate to speak to a member of the Nursery Team.

Regards.

Yours sincerely

Rachel Gillett  
Headteacher/Head of Centre

